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IGNITE
MOMENTUM
GROUP
COACHING



Ignite Momentum Group Coaching

Ignite Momentum is a group coaching program for forward-thinking, socially conscious small business leaders & professionals who want a catalyst to elevate their business success and ignite momentum for long-term sustainability and profitability.

Ignite Momentum is a **unique group coaching program** because it **includes a combination of our Customized Roadmap session, group coaching, and our Action Labs to increase implementation and results.** It's the perfect combination for business leaders with approximately 3+ years of experience who want to grow and breakthrough!

This combination provides you with an **ideal combination of support, learning and implementation** so you can work on your projects/goals at your pace and receive the added support and accountability from other participants.

Ignite Momentum will enable you to:

- fulfill your potential,
- grow business,
- create greater impact,
- share your successes with your cohort,
- realize your goals and business success!
- enhance your performance,
- navigate your own transformation
- become a better leader,
- ignite momentum by learning and collaborating with others in your group.

This is for you if:

- You want to leverage the experience and knowledge of other like-minded biz leaders to keep you on track and moving forward
- You are ready to take the needed actions to ignite results and build momentum, so your business thrives.
- You lead a business with strong core values and want a great business culture that everyone loves to work in, including you.

This is not for you if:

- You are overwhelmed and lack the motivation, time and energy to spend time ON your business.
- You are not ready to focus on business growth beyond the steps needed during start-up.



Shifting Actions to Create Long Term Results with Ease.

***If elite athletes benefit from a coach, why shouldn't a business owner, executive or professional?
What does inaction cost you?***

Ignite Momentum Includes:

- **2 Action Labs each month**
 - Each 60-minute Lab session will include 40 minutes of focused, distraction-free worktime.
 - 20 minutes of quick round-robin conversation with your I/M peers to share challenges, aha's and accomplishments. This is one of the favourites of this program!
- **1 Group Coaching Call each month (90 minutes)**
 - Every month bring your opportunities, ideas, and challenges or frustrations and receive coaching with Catherine.
 - Comments, ideas and thoughts shared by your peers will help enhance the value you will receive in each session.
 - Even if you don't step forward for coaching, you won't want to miss these sessions. More often than not, the topics will apply to you and save you the time, effort or frustrations — and can inspire new ideas for your business.
 - Each Group Coaching session is your opportunity to get the added help you need and learn from others.
- **A Customized Roadmap Session**
 - Our very first session together is our CRM. This session is designed to help you get clear on what you want to work on, set your goals and create a plan with milestones to give you the guidance and a plan to focus your energies during the program.
 - Your customized road map will help you pinpoint growth or change opportunities, outcomes you want to make a reality and gain clarity so that you take the right actions

Access to Additional Supports

- **Ignite Momentum Community Forum**
 - Build connections, discuss issues, receive feedback, gain insights and share successes with your fellow I/M Members via our private Ignite Momentum Community Forum.
 - Peer mentoring, joint venturing and being active in the community boosts your success 10-fold.
- **Ignite Momentum Library of curated tools and resources.**
 - Access to our member area where you will find worksheets and exercises, business tools and other resources to keep you focused and progressing and designed to save you time and money.
 - You will have access to the **recordings all our group training and coaching sessions** so you can review them to glean additional insights.
- **Impact Measurement Tool**
 - Our unique tool will align actions you take with tangible professional and business development changes and measures the impact that results.
 - We will create a high degree of clarity on the impact that has taken place at each phase of the program. As they say "businesses don't change, people do". Let's measure the impact you achieve through learning and taking action and bridge the knowledge to action gap!

Our Impact



Our commitment to paying it forward and making a positive IMPACT on the world around us is driven by our MoreThanGreen™ program. **We donate 2% of all top-line revenues** (regardless of source) to our designated charities.

Contact Information

E: contactus@igniteleadership.co

W: <https://igniteleadership.co>



Book an Ignition Call for questions or to start your application

When We Change How Business is Done, We Can Change the World Through Business.